

FELLOWSHIP REPORT

I am indebted to Dr Lalit Maini and Dr Pushpinder Bajaj who have given me the opportunity to work under the able guidance of one of the leading orthopaedic surgeon of UK Dr Sanjeev Anand.

Myself Dr. Ankur Singhal have successfully completed ISKSAA BOA fellowship under

Dr. Sanjeev Anand in September 2019. Dr. Sanjeev Anand guided us through to the process of BOA congress meet, visa procedure, hospital accommodation and fellowship stay.

I reached Liverpool on 10th September to attend BOA Annual congress 2019. The whole conference was an academic feast where we learned tips and tricks of orthopaedic surgeries like the one of ligament balancing in hip by Dr Martin Stone etc.

On 13th we travelled from Leeds. Our accommodation is provided at Leeds

General infirmary for first 5 days and at St James Hospital accommodation wing for

remaining 10 days. During our stay we were provided with 2 weeks of OR schedule by Dr Anand

From Day 1 we used to reach at Chapel Allerton Hospital which is dedicated to elective orthopaedic surgeries. We were able to observe arthroscopic ACL, meniscal repairs and few cases of multi ligament injury repair, primary and revision joint surgeries.

I also had a chance to interact with other senior orthopaedic surgeons like dr Emerton, dr veysi, dr pandit, dr whitwell apart from dr anand and pick their brains.

I also had an opportunity to observe clinics of Dr. Sanjeev Anand and dr whitwell and learn immaculate history taking and meticulous examination.

I also got a chance to attend cases with Dr Emerton performing Kinematic alignment TKR and cementless UKA. He explained to us the concepts of kinematic TKA and steps of performing the surgery. Able to observe debridement of infected knee done, Revision hip and knee

arthroplasty cases with Dr T. Veysi and Dr Whitwell. Had an amazing experience at Leeds

learning new surgical techniques and advances in patient care.

As this time of the year the weather is just right for such a course in England and weekends are good to explore it by travelling to London and Scotland.

I am once again thankful to team ISKSAA, Dr. Pushpinder Bajaj, Dr Lalit Maini and

Dr. Sanjeev Anand for providing me with this wonderful opportunity.

Regards

Dr Ankur Singhal