

ISKSAA-IMRI Fellowship report (2017-18)

At the outset we would like to thank ISKSAA and IMRI society for selecting us to attend this prestigious fellowship at Adelaide, SA. We visited four hospitals (Ashford, Western, Flinder's Private and Memorial hospitals) between 7th May and 1st June 2018. We stayed at the accommodation arranged for us at Laffer's street, Belair by Prof Jegan Krishnan. We must say the accommodation was very comfortable and spacious with all available facilities.

Our fellowship schedule was very well planned beforehand by IMRI society members and we visited two surgeons in a day at same or different hospitals (first session from 8am to 2 pm and second session from 2pm onwards). The surgeons we visited were Prof Jegan Krishnan, Dr Mario Penta, Dr Aman Sood, Dr Darren Waters, Dr Meng Ling, Dr Matthew Liptak and Dr Sunil Reddy. We had the opportunity to observe arthroplasty and arthroscopy procedures of knee, shoulder and hip mainly during the course of this fellowship.

The novel procedures we saw in Adelaide were robotic-arm assisted TKA, hip arthroplasty by direct anterior approach (DAA) and hip arthroscopy. We also got to see the use of cementless knee arthroplasty in selected cases and the use of patient-specific instrumented TKA with a few surgeons. Getting to scrub in reverse shoulder arthroplasty cases, robotic TKA and THA by DAA were particularly satisfying experiences for us. We were able to freely discuss the pre-operative planning and post-operative rehabilitation protocols followed by different surgeons. We picked up lots of small tips and tricks in routine arthroplasty and arthroscopy procedures which we are sure are going to help us when we go back to our practices in India.

We also took the opportunity to tour different places in Australia during the weekends. We visited Melbourne (including the famous Great Ocean drive and Penguin parade of Philip Island), Sydney, Barossa valley, McLaren Vale, Cleland wildlife sanctuary apart from local tourism of Adelaide city. Prof Jegan Krishnan was a wonderful and gracious host; he hosted a welcome dinner for us and also took us out to an AFL match at the famous Adelaide oval which was a terrific experience.

We would like to express our sincere gratitude to Prof Krishnan for his generosity, for taking care of all our needs during our stay here and also to Mr. Nick Kerrison and Mrs. Sarah Sain of IMRI society who were there whenever we needed any help. We are thankful to Dr Pushpinder Bajaj and Dr Lalit Maini for guiding us and all the surgeons we visited in Adelaide from whom we learnt a lot. Thank you!

Dr Rakesh John

Dr Milind Tanwar

Dr Anil Gulia