

Serving as ISKSAA Fellow at BLK Max Hospital under Dr Bhushan Naraini sir is a privilege. This role is affording me the opportunity to take the time to learn about a part of Total Knee replacement training that is so often skimmed – the biomechanics and its practical application. Thorough discussion over a short period of 2 weeks with Dr Bhushan sir, Dr Suryakant sir and Dr Shivam sir cleared all my doubts and activated my brain to think in a three dimensional way. As a future provider, I consider it paramount that I learn the art of Robotic TKR right from the basics. Likewise, I am beyond grateful for the opportunity to spend a fortnight with a community of like-minded future healthcare professionals who similarly are dedicated to learn and perfect the art of a balanced Knee.

Joining was a smooth process, with regular communication from BLK MAX hospital. Documentation was done beforehand on emails. After joining, I met the associate and assistant consultants and the residents of the team. They all were very welcoming and explained about the daily routine. On an average, 14 cases were done in a day. Following day I started scrubbing in the cases and got a first hand experience of a well oiled replacement team. As the days passed, I got more and more confident in the subject and understood the steps more. I also got an opportunity to observe and assist revision TKR and infected TKR management. At the end of 15 days, I have only one regret that I didn't get more time to spend with the team.

I whole heartedly thank Dr Pushpinder Bajaj sir, Dr Lalit Maini sir and specially Dr Bhushan sir for accepting me as a fellow and opening this avenue of Total Knee replacement for me.

Dr Aaditya K Mongia

Consultant Orthopedics Surgeon

SHIV CHIKITSALAY, Dehradun