

## **ISKSAA IMRI FELLOWSHIP REPORT 2019**

At the outset, we would like to thank Dr Bajaj, Prof Krishnan, Team ISKSAA for providing us the opportunity to attend the prestigious IMRI fellowship for the year 2019. The fellowship duration lasted from 5<sup>th</sup> to 30<sup>th</sup> August. The highlight of the fellowship was that we got to visit different hospitals and interact with different surgeons who all had great clinico-surgical judgement and immaculate surgical execution.

We visited four hospitals (Ashford, Western, Flinder's Private and Memorial hospital). We stayed at the accommodation arranged for us at Laffers Road, Belair by Prof Jegan Krishnan. The accommodation was away from the city and had a peaceful charm to it. We must say the accommodation was very comfortable and spacious with all available facilities. We hired a car rental to manage our travels around the city.

Our fellowship schedule was very well planned beforehand by IMRI society members. The surgeons we visited were Prof Jegan Krishnan, Dr Mario Penta, Dr Aman Sood, Dr Darren Waters, Dr Meng Ling, Dr Matthew Liptak and Dr Sunil Reddy.

We had the opportunity to observe Arthroplasty and Arthroscopy procedures of knee, shoulder, elbow and hip during the course of this fellowship. We also got an opportunity to attend the annual AOA meeting courtesy of Prof Krishnan.

The novel procedures we saw in Adelaide were navigated and robotic-arm assisted TKA, hip arthroplasty by direct anterior approach (DAA), reverse shoulder arthroplasty, total elbow arthroplasty. We also got to see the use of cementless knee arthroplasty in selected cases and the use of patient-specific instrumented TKA with a few surgeons.

Getting to scrub and assisting Prof Krishnan was a great learning experience for all of us. We were able to freely discuss the pre-operative planning and post-operative rehabilitation protocols followed by the different surgeons. We picked up lot of little tricks in routine arthroplasty and arthroscopy procedures

which we are sure are going to help us when we go back to our practices in India.

We also took the opportunity to tour different places around Adelaide during the weekends.

Prof Jegan Krishnan was a wonderful and gracious host; he hosted a farewell dinner for us. We would like to express our sincere gratitude to Prof Krishnan for his generosity, for taking care of all our needs during our stay here and also to Mr. Nick Kerrison and Mrs. Sarah Sain of IMRI society who were there whenever we needed any help.

We are thankful to Dr Pushpinder Bajaj and Dr Lalit Maini for guiding us and all the surgeons we visited in Adelaide from whom we learnt a lot. Thank you!

**Dr Mukul Kaushal**

**Dr Gopala Krishna**

**Dr Zafar Israil**