

Final Announcement 7th International Symposium On

Current Concepts In Knee & Shoulder Arthroscopic Surgery and Arthroplasty

Under the aegis of

Delhi Orthopaedics Association

Efforts enable excellence

17th - 19th February 2012



BASIC KNEE & SHOULDER ARTHROSCOPY COURSE

**LECTURES & INTERACTIVE SESSIONS
ON ARTHROSCOPIC SURGERY &
ARTHROPLASTY OF KNEE & SHOULDER**

**HANDS-ON WORKSHOPS ON
BASIC & ADVANCED PROCEDURES OF
KNEE & SHOULDER ARTHROSCOPY**

**EIGHTEEN LIVE SURGERIES ON
KNEE / SHOULDER
ARTHROSCOPY & ARTHROPLASTY**

**HANDS-ON WORKSHOP ON
KNEE ARTHROPLASTY**

SYMPOSIUM SECRETARIAT

Dr Pushpinder Singh Bajaj

ARTHROSCOPY & JOINT REPLACEMENT CLINIC

BAJAJ SPECIALIST CLINICS

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Dear Friends

We welcome you to participate in the 7th **ISKSA** (International Symposium on current concepts in Knee & Shoulder Arthroscopic Surgery & Arthroplasty) to be held on **17th – 19th February 2012** at **Indian Spinal Injuries Centre** , a premier Orthopaedic & Spine institution in New Delhi .The last edition of this Symposium was also held here in February 2011 where we had over **250 delegates** and around **45 Faculty** from all over the country and **8 foreign faculty** from **Australia , UK , France and Korea** .

This event is one of the largest of its kind in New Delhi and provides a forum for international dialogue regarding the practice of arthroscopy, Knee & Shoulder surgery , Joint Replacement surgery and orthopaedic sports medicine. The Scientific Committee has created a program emphasizing evidence based medicine, new surgical developments and promising basic sciences. The program will include instructional courses, hands on surgical demonstrations, debates, symposia, product workshops and Live surgeries being the main forte (**17-18 live surgeries**) . Workshops will have limited registrations with 4 people per station and each delegate can participate in 2 workshops .

A geographically diverse and multi-disciplinary faculty will present results from basic research, and the newest operative techniques, highlighting technical pearls and pitfalls.

Our major Sponsors will be Karl Storz , Depuy Mitek , Linvatec , Genzyme along with various other multinational & Indian Surgical Companies .

Hoping to get a higher attendance this time , we are keeping the registration to 300 delegates . We have around 10 foreign Faculty from **Australia , UK & Europe** supporting an eminent experienced and dynamic Indian faculty to ensure that the affair will truly be an exciting & enjoyable educational experience . The theme of the conference will be as before **SEE THEM DO IT AND DO IT YOURSELF** .

We invite you to experience this unparalleled event and become part of the international experience . We look forward to seeing you in New Delhi in 2012.

With warm regards



Dr Pushpinder Bajaj
SYMPOSIUM DIRECTOR



Dr Lalit Maini
SYMPOSIUM CHAIRMAN



Dr Bhushan Nariani
ORGANISING SECRETARY

PROGRAMME HIGHLIGHTS

17TH February (Knee Arthroscopy Symposium)

- 7.00 am – 8.00 am = REGISTRATION
- 8.00 am – 10.00am = KNEE SYMPOSIUM I – MENISCUS / CARTILAGE / PATELLA
- 8.00 am – 8.45 am = surgical anatomy , clinical examination , role of MRI , Meniscectomy principles , meniscal repair techniques , chondral lesions , Patello-femoral malalignment
- 8.45 am – 9.15 am = **Live surgery** Meniscal repair
- 9.15 am – 9.45 am = **Live surgery** MPFL Reconstruction
- 9.45 am – 10.00 am = Interactive Discussion
- 10.00am – 12.30 pm = KNEE SYMPOSIUM II - ACL I
- 10.00 am - 10.45 am = patient selection , graft options , fixation options , surgical Techniques , acute knee , adolescent patient ,female patient
- 10.45 am –11.30 am = **Live Surgery** Single Bundle ACL Reconstruction (BPTB)
- 11.30 am –12.15 pm = **Live Surgery** Single Bundle ACL Reconstruction (Hamstring)
- 12.15 pm –12.30 pm = Interactive Discussion
- 12.30 pm – 2.00 pm = **BREAKOUT KNEE WORKSHOPS / LUNCH**
- 2.00 pm – 4.00 pm = KNEE SYMPOSIUM III - ACL II
- 2.00 pm – 2.45 pm = Complications , current concepts , transtibial , anatomical , double bundle , rehabilitation
- 2.45 pm – 3.15 pm = **Live Surgery** Anatomical ACL Reconstruction
- 3.15 pm – 3.45 pm = **Live Surgery** Double bundle ACL Reconstruction
- 3.45 pm – 4.00 pm = Interactive Discussion
- 4.00 pm – 6.00 pm = KNEE SYMPOSIUM IV - PCL
- 4.00 pm – 4.45 pm = patient selection , graft options , fixation options , surgical Techniques , avulsion injuries , complications , current concepts
- 4.45 pm – 5.45 pm = **Live Surgery** PCL Reconstruction +/- ACL Repair
- 5.45 pm – 6.00 pm = Interactive Discussion & Tea Break
- 6.00 pm – 8.00 pm = KNEE SYMPOSIUM V - OTHER INSTABILITIES
- 6.00 pm – 6.45 pm = Approach to Multiligament instabilities , MCL , PLC , acute knee , complications , current concepts
- 6.45 pm – 7.45 pm = **Live Surgery** PLC Repair / MCL repair
- 7.45 pm – 8.00 pm = Interactive Discussion
- 8.00 pm onwards = DINNER AND BANQUET

18TH February (Arthroplasty Symposium)

- 8.00am – 10.00 am = KNEE SYMPOSIUM I
- 8.00 am – 9.00 am = patient selection , pre-operative planning , implant selection , surgical approaches , basic techniques
- 9.00 am – 9.45 am = **Live Surgery** TKR I
- 9.45 am – 10.00 am = Interactive Discussion
- 10.00am – 12.00 noon = KNEE SYMPOSIUM II
- 10.00am – 11.00am = TKR in difficult situations , controversies , post-operative Management , complications , current concepts
- 11.00am – 11.45 am = **Live Surgery** TKR II

- 11.45 am – 12.00 am = Interactive Discussion
- 12 noon – 1.00 pm = **SHOULDER SYMPOSIUM**
- 12 noon – 12.30 pm = patient selection , surgical approaches , basic technique , complications , current concepts
- 12.30 pm – 1.00 pm = **Live Surgery** / Video with Interactive Discussion
- 1.00 pm – 2.00 pm = **LUNCH**
- 2.00 pm – 3.00 pm = **PANEL DISCUSSION**
Arthroplasty in 2012 . Where are we ?
Dilemmas in TKA
- 3.00 pm – 6.00 pm = **HANDSON WORKSHOP**
KNEE ARTHROPLASTY
BASIC KNEE ARTHROSCOPY COURSE
BASIC SHOULDER ARTHROSCOPY COURSE

19TH February (Shoulder Arthroscopy Symposium)

- 8.00am – 10.00 am = **SHOULDER SYMPOSIUM I**
- 8.00am – 8.45am = Shoulder problems , Xrays , MRI , Injection techniques , Indications for arthroscopy , setup , positioning , instrumentation , portals , basic round
- 8.45am – 9.45 am = **Live Surgery** Sub-acromial decompression
- 9.45 am – 10.00 am = Interactive Discussion
- 10.00 am – 12.00 pm = **SHOULDER SYMPOSIUM II**
- 10.00 am – 10.45 am = Young painful shoulder , approach to shoulder instability , labral tears , Throwing injuries , SLAP , HAGL , ALPSA , bankart's repair , other options ,
- 10.45 am – 11.15 am = **Live Surgery** SLAP repair
- 11.15 am – 11.45 am = **Live Surgery** Bankart's repair I
- 11.45 am - 12.00 pm = Interactive Discussion
- 12 noon – 1.30 pm = **BREAKOUT SHOULDER WORKSHOPS / LUNCH**
- 1.30 pm – 3.30 pm = **SHOULDER SYMPOSIUM III**
- 1.30 pm – 2.15 pm = Multi-directional instability , Instability- complications , revision surgeries , current concepts , rehabilitation after shoulder arthroscopy
- 2.15 pm – 2.45 pm = **Live Surgery** Bankart's repair II
- 2.45 pm – 3.15 pm = **Live Surgery** Bony Bankart's
- 3.15 pm - 3.30 pm = Interactive Discussion
- 3.30 pm – 5.30 pm = **SHOULDER SYMPOSIUM IV**
- 3.30 pm – 4.15 pm = Pathophysiology of Shoulder impingement , Rotator cuff tears
Stiff shoulder, complications, A-C joint problems, current concepts .
- 4.15 pm – 4.45 pm = **Live Surgery** Cuff Repair I (single row)
- 4.45 pm – 5.15 pm = **Live Surgery** Cuff Repair II (Double row / footprint)
- 5.15 pm – 5.30 pm = Interactive Discussion & Tea Break
- 5.30 pm – 5.40pm = **TRAINING FACILITIES IN ORTHOPAEDICS IN AUSTRALIA**
- 5.40 pm – 5.50pm = **TRAINING FACILITIES IN ORTHOPAEDICS IN UK**
- 5.50 pm – 6.00 pm = **VALEDICTORY/ PRESENTATION OF CERTIFICATES**

PROPOSED OVERSEAS FACULTY



PROF JEGAN KRISHNAN
Chair in Orthopaedic Surgery,
Flinders University
Senior Clinical Director ,
Department of Orthopaedic Surgery
Flinders Medical Centre and
Repatriation General Hospital
Adelaide , Australia
HAND & UPPER LIMB SPECIALIST



SHAUN O BRIEN
Consultant in Trauma &
Orthopaedics
Sunderland Royal Hospital , UK
Chairman AO principle Course UK
SOFT TISSUE KNEE SURGERY
SPECIALIST



MR BINOD SINGH
Hon Senior Clinical Lecturer
Univ of Birmingham
Surgical Tutor Royal College of
Surgeons England
Designer of New Knee Implant ,
Birmingham , UK
KNEE SURGERY SPECIALIST



MR JOHN WK HARRISON
Consultant in Trauma &
Orthopaedics
Gateshead , UK
UPPER LIMB SURGERY SPECIALIST



MR R PANDEY
Consultant in Trauma &
Orthopaedics
University Hospitals of Leicester,
UK
SHOULDER & ELBOW SPECIALIST



DR NICHOLAS WALLWORK
Consultant Orthopaedic Surgeon
SPORTSMED SA south Australia
UPPER LIMB & SHOULDER
SPECIALIST



DR ERAN MAMAN
Director
Tel Aviv Sourasky Shoulder Unit
Israel
SHOULDER SPECIALIST



DR JANAK MEHTA
Senior Orthopaedic Surgeon ,
Royal Darwin hospital
Senior Lecturer Flinders University ,
Faculty , Academy of Educators ,
Royal Australasian
College of Surgeons , Australia
KNEE & TRAUMA SPECIALIST



MR SANJEEV ANAND
Consultant in Trauma & Orthopaedics
North Tees University Hospital , UK
Tutor MCh course Teeside University
SOFT TISSUE KNEE SURGERY
SPECIALIST



PROPOSED FACULTY (alphabetical ...)

- CHIEF PATRON** : Major HPS Ahluwalia (Chairman ISIC)
PATRONS : Dr HS Chhabra (Medical Director ISIC)
Dr A K Mukherjee (Director General ISIC)
Prof Surya Bhan (Director Orthopaedics Primus Hospital)
Dr Ashok Rajgopal (Past President IAS)
Prof Sudhir Kapoor (Dean ESI PGIMER & Secretary IOA)

SYMPOSIUM CHAIRMAN

Dr Lalit Maini

ORGANISING SECRETARY

Dr Bhushan Nariani

ORGANISING CO-SECRETARIES :

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Dr Deepak Raina

Dr Gurinder Bedi
Dr Vipul Khera

Nikhil Sood

THEATRE COMMITTEE :

Santosh Sharma
Sister Usha

Dr Mahajan
Dr S Seth

Dr Sarkar
Dr Chauhan

Dr Preeti

ORGANISING COMMITTEE (ISIC) :

Dr P H Mishra (MS ISIC)
Mr Uttaman (CAO ISIC)
Mr Bedi (Estate Mgr ISIC)
Dr Atul Prakash

Dr S Khurana
Dr Bhavik
Dr Govind
Dr Hitesh

Dr Nilesh
Dr Amit

CHAIRMAN SCIENTIFIC COMMITTEE :

Deepak Chaudhary (LIVE SURGERY)
Deepak Joshi (LIVE SURGERY)
Raju Easwaran (KNEE)

Shashank Mishra (SHOULDER)
Amite Pankaj (NEWSLETTER)

ADVISORY COMMITTEE :

A K Singh

Pradeep Sharma

VB Bhasin

LOCAL FACULTY :

Amit Mishra
Atul Mishra
Anand Verma
G Jindal
Havind Tandon
HL Nag

H Hegde
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IPS Oberoi
J Maheshwari
KB Attri
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Prateek Gupta
Rahul Khare
R Vaishya
RK Sharma
Saurav Shukla
Shekhar Srivastav

Vivek Sharma
Vinod Kumar
V Sharma
Y Kharbanda

OUTSTATION FACULTY :

Ashish Devgan (Haryana)
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Ashish Sharma (Jaipur)
Deepak Goyal (Ahmedabad)
Dinshaw Pardiwala (Mumbai)
K Bhattacharya (Kolkata)

Parag Sancheti (Pune)
Ravi Gupta (Chandigarh)
Sanjay Desai (Mumbai)
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Sachin Tapasvi (Pune)
Swapnil Singh (Chandigarh)

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