

My sincere thanks to

ISKSAA: Prof. Lalit Maini, Dr.Pushpinder Bajaj

Fellowship Chair: Dr. Nicholas Wallwork

Dear sir

I would like to express my heartfelt appreciation for the opportunity you provided me to participate in the two-week Observership in Adelaide. The effort put forth by you and the Australian team was commendable, resulting in a well-organized experience. This opportunity allowed me to observe surgeries aligned with my interests and engage with distinguished surgeons and scholars. Enclosed, please find a brief report detailing our stay in Adelaide, encompassing both academic and leisure activities. The hospitality extended to us was exceptional, and I am hopeful that many more surgeons will have the chance to benefit from this remarkable academic opportunity. My time in Adelaide was truly enriching; it enabled me to enhance my skills and broaden my repertoire significantly.



During my stay, my aim was to enhance my expertise in clinical orthopaedics, focusing specifically on Shoulder arthroscopy.

Prior to my arrival, Dr. Nicholas Wallwork my Chief fellowship supervisor and department head at Sportsmed Adelaide provided invaluable support in planning my journey and ensured my seamless transition to Adelaide. His introductions to the orthopaedics department facilitated networking and

knowledge sharing opportunities. Under his guidance, I gained proficiency in diagnosing various Shoulder conditions and acquired surgical skills in Shoulder arthroscopy.

Beyond hospital duties, I enjoyed exploring Adelaide's vibrant culture and attractions.



In summary, the welcoming and enthusiastic team, coupled with invaluable personal experiences, make this clinical research fellowship highly recommended for young surgeons aspiring to advance their careers in orthopaedic research. I extend my gratitude to Dr. Puspinder Bajaj and the ISKSAA team for providing this remarkable opportunity to young surgeons.

Reflecting on my experiences, I returned to India enriched with academic knowledge, new ideas, and fond memories of Australia. I am eager to apply my learnings in the field of Sports Medicine in my city, thanks to the invaluable opportunity provided by Dr. Pushpinder Bajaj and Dr. Lalit Maini.

My heartfelt gratitude goes to Dr. Nicholas Wallwork for his exemplary mentorship and care throughout the fellowship.

I am immensely grateful for the enriching experience and look forward to utilizing my newfound knowledge to contribute to the field of Sports Medicine in my home country.

