Testimonial – ISKSAA Wrightington Travelling Fellowship, UK 2026

Duration: 2 Weeks (11th May 2026 – 22nd June 2026)

Mentors: Prof. Raj Murali and Prof. Puneet Monga

Fellow: Dr. Humam Ahmad,

I am immensely grateful to ISKSAA for granting me the prestigious opportunity to pursue the Wrightington Travelling Fellowship in the UK under the guidance of two stalwarts in Orthopaedics, Prof. Raj Murali and Prof. Puneet Monga. From the moment of selection at Delhi to travel and accommodation, the entire journey was an enriching experience. Landing in London from the scorching Indian summer to the cool breeze of the UK, and staying in Wigan with daily bus commutes to the renowned Wrightington Hospital, was a refreshing shift. The hospital's legacy—being the birthplace of modern hip replacement by Sir John Charnley—made every day feel historic.

My special thanks go to Prof. Raj Murali, who despite his demanding schedule, personally monitored our progress and made us feel truly welcomed. He gave special consideration to our learning objectives, regularly interacting with us to understand how the learning was going, what we had learned, and what we still wished to learn. He actively ensured we had access to those learning opportunities, often coordinating across departments to fulfil our academic needs. His dedication and mentorship were exemplary and deeply appreciated. Prof. Raj Murali personally ensured we were exposed to a wide range of upper and lower limb procedures, coordinating with lower limb unit to broaden our learning. The fellowship was extremely well-organized. allowing us to plan and observe a diverse range of upper and lower limb cases. Daily OT schedules were shared in advance, ensuring structured observation. Under Prof. Puneet Monga, we witnessed advanced shoulder arthroplasty including total, reverse, revision, customized, RSA in trauma, along with cuff repairs, stabilisations. His structured approach and clinical discussions were deeply insightful. Just before the operation theatre he used to brief all the staff involved in operation theatre about whole day programme, what are they going to do today, what are the critical steps in the surgery and about arrangement of special equipment's etc. We attended the preop case discussion and crucial steps of RSA, TSA, customised RSA, Special thanks to Dr. Sudhakar, whose practical demonstrations in shoulder arthroscopy and patient interactions were extremely helpful.

We were also privileged to observe numerous hip and knee arthroplasties—both primary and complex revisions, including customised cases—under distinguished Surgeons. Their openness in sharing surgical tips, intraoperative pearls, and case planning deeply enriched our understanding. Special mention to the team for showing us robotic unicondylar knee replacements andadvanced arthroscopic soft tissue procedures like ACL reconstruction, trochleoplasty, patellar ligament reconstruction,

and tibial tuberosity osteotomy MCh fellows provided additional support and enhanced our engagement with the lower limb unit.

This fellowship was truly a once-in-a-lifetime experience. I extend my sincere thanks to Dr. Pushpinder Bajaj, Dr. Lalit Maini, Prof. Raj Murali, Dr. Puneet Monga, and the entire ISKSAA team for this exceptional learning platform. ISKSAA has once again proven to be a beacon of opportunity, nurturing young orthopaedic surgeons to broaden their horizons globally.

Dr. Humam Ahmad, ISKSAA No. 2425