

I am honored to have been selected for the ISKSAA Travelling Fellowship 2024, which I completed from June 16 to 24, 2025. My sincere thanks to Dr. Pushpinder Bajaj, Dr. Lalit Maini, and the entire ISKSAA team for this remarkable opportunity.

The two-week fellowship at Bedford Hospital's South Wing, coordinated by Mr. Manoj Sood, provided outstanding exposure to both elective and trauma services. We also had the privilege of learning from esteemed consultants, including Mr. Dan Arvinte, Mr. Y Shankarappa, Mr. Sunil, and Mr. Narada, whose guidance and feedback were invaluable.

From orientation to theatre sessions, Mr. Sood ensured we gained meaningful insights into pre- and postoperative care while observing and assisting in a variety of procedures, including primary TKR, THR, revision THR, knee arthroscopy, and trauma surgeries. The daily trauma meetings further emphasized the importance of multidisciplinary teamwork.

This fellowship has significantly enriched my clinical knowledge and surgical skills, and I remain deeply grateful to ISKSAA for this invaluable experience

Dr Ritvik Janardhanan